

YOUTH

ART

ART EXPLORATIONS

In this beginning art class, students will combine fun drawing exercises and creative painting projects to build skills as young artists. The different elements of art will be introduced through a variety of media such as acrylic on canvas, pastels, charcoal, watercolor, and more. Emphasis is placed on techniques as students explore the work of famous artists and create their own masterpieces. All materials and aprons will be provided. \$20 materials fee due first class.

Lucia Henry **HB Art Center**
440110-4A 6-12 yrs Th 3:30-4:45pm 10/20-11/17 \$81/73

BEGINNING IMPROV

Beginning improv classes are for everyone! Class is designed to teach basic improvisational skills through exercises and games in a safe, fun, and laugh-filled environment. We help each child discover their special "voice."

Brenda Glim **HB Art Center**
440115-4A 7-12 yrs W 3:30-5:30pm 9/21-10/12 \$71/64
440115-4B 7-12 yrs W 3:30-5:30pm 10/26-11/16 \$71/64

CLAY ADVENTURES

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, and slab building. We will decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. \$20 materials fee due first class.

Lucia Henry **HB Art Center**
440101-4A 6-12 yrs Th 3:30-4:45pm 9/15-10/13 \$83/75

DRAWING & PAINTING FOR KIDS

The best of both worlds! Students explore the elements of drawing and painting rolled into one class. Projects will cover a variety of concepts, including composition, contour, shading, perspective, color theory and mixing, brush handling, and how to use a variety of dry and wet media. We will use pencils, charcoal, pastels, watercolors, acrylics, gouache, inks, and make unique and personal works of art. All supplies included. \$15 materials fee due first class.

Courtney Oquist **HB Art Center**
440102-4A 7-12 yrs W 4:15-5:30pm 9/14-10/12 \$81/73
440102-4B 7-12 yrs W 4:15-5:30pm 10/19-11/16 \$81/73



Parks & Recreation Build Family Unity

ESSENTIAL CARTOONING

This fun and exciting class will teach character drawing and basic cartooning skills, including Japanese manga, anime, and current popular cartoons. Returning students will begin to learn layout and design. Beginners will learn how to draw characters. Limited enrollment. \$25 materials fee for new students (\$20 for returning students) due at first class which covers all supplies. Pre-registration is required. All materials are provided.

Pati Kent **HB Art Center**
440109-4A 7-13 yrs Tu 4:30-5:30pm 10/18-11/22 \$82/74

COOKING

KIDS COOKING IT UP FRESH

Children will make nutritious recipes using real foods that will incorporate fresh, wholesome, and nutritious ingredients. Children will learn nutrition concepts along the way as they explore new and familiar foods, seasonings, and herbs. This is a hands-on cooking experience and each child will make his or her own individual recipe. *No Class Dates: 10-17*

Stephanie Collett **Edison Community Center**
440301-2A 7-13 yrs M 6-7:15pm 9/19-10/24 \$90

Stephanie Collett **Murdy Community Center**
440301-1A 7-13 yrs Sa 11am-12:15pm 9/24-10/22 \$90

DANCE

BASIC BALLET

Challenge your child to develop rhythm, strength and coordination the fun way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required.

Huntington Academy of Dance **16601 Gothard Street, Suite A**
440408-1B 8-12 yrs Tu 5:30-6:30pm 9/13-11/15 \$105

HIP HOP

Hip Hop Hooray! Ho! Boys and girls will get their groove on hip hoppin' to high energy music with funky dance moves! Hip hop introduces students to the rhythmic urban style of popping, locking, and gliding. Parents delight in our family friendly music and movements while kids have a blast and bust-a-move! Bring a friend and try your first class for free! \$1 materials fee due first class. *No Class Dates: Oct-31*

Huntington Academy of Dance **Edison Community Center**
440404-2A 5-7 yrs W 4:35-5:35pm 9/14-11/16 \$105

Huntington Academy of Dance **Murdy Community Center**
440404-1A 7-12 yrs M 5:30-6:30pm 9/12-11/14 \$95

POLYNESIAN DANCE FOR YOUTH

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! Class luau held at the end of the session.

Melody Seanoa **HB Art Center**
440403-4A 7-12 yrs Tu 5-6pm 9/13-11/22 \$102/92

TAP

Bring a friend and learn the basics of tap dancing in this FUN class! Students will learn how to keep time and stay in beat with music. Tap dancing is a great way to improve coordination, rhythm, and athletic agility. Boys and girls love making NOISE with their feet! Dance attire, please. This class is now held on Tuesdays at 4:30pm to 5:30pm

Huntington Academy of Dance 16601 Gothard Street, Suite A
440407-1A 7-12 yrs Tu 4:30-5:30pm 9/13-11/15 \$105

YOUTH BALLET

Challenge your child to develop rhythm, strength and coordination the FUN way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. Details will be given at first class. \$1 materials fee due first class. *NO Class Dates: 10-31*

Huntington Academy of Dance **City Gym and Pool**
440401-3A 5-7 yrs Th 4-5pm 9/15-11/17 \$105

Huntington Academy of Dance **Edison Community Center**
440401-2A 5-7 yrs Sa 11:15am-12:15pm 9/17-11/19 \$105

Huntington Academy of Dance **Murdy Community Center**
440401-1A 6-8 yrs M 4-5pm 9/12-11/14 \$95

EDUCATIONAL

MAD SCIENCE: NASA JR. ASTRONAUT ACADEMY

Join our Academy of Future Space Explorers as you prepare to explore the galaxy. Build your own model rocket, race a balloon rocket, and then see the real thing – a rocket launch up to 300 ft. in the air! Study the stars with your own Cosmic Disc, Explore the atmosphere with your Meteorological Station and Shuttle Copter and more. This NASA Academy is 'Out of this World'! \$20 materials fee due first class.

MAD Science **Murdy Community Center**
440609-1A 5-12 yrs Tu 3:30-4:30pm 10/18-12/6 \$99

MAD SCIENCE: HALLOWEEN DATE NIGHT

Science Nights provide an amazing opportunity to bring students and Mad Scientists together for a night filled with education, entertainment, and parents get the night off! We bring a fascinating displays and hands on experience that allows kids to engage in scientific learning. Dinner and snacks included. \$5 materials fee due first class.

MAD Science **City Gym and Pool**
440611-3A 5-12 yrs Sa 5-9pm 10/22 \$35

MAD SCIENCE: WINTER WORKSHOPS

Keep your brain from going into deep freeze this winter with our Mad Science Winter Workshop! 3 hours of science games and experiments to break up the ice and bring on the FUN. \$5 materials fee due first class

MAD Science **Murdy Community Center**
440614-1A 5-12 yrs Sa 9am-12pm 11/26 \$35
440614-1B 5-12 yrs Sa 9am-12pm 12/17 \$35

SERIOUSLY AWESOME SITTERS

The ultimate babysitter preparation class! You become certified in Basic First Aid and CPR/AED for adults and children. You'll also learn how to market your services, safely care for children, make healthy snacks, and entertain kids so that you'll be asked back again and again! \$30 materials fee due first class.

Workshops on Wellness **Murdy Community Center**
440608-1A 10 yrs + Sa 10am-5pm 10/29 \$60

GYMNASTICS

GYMNASTICS: CHEER-NASTICS

Students have fun while safely learning cheers & stunting techniques plus gymnastic skills great for all levels. Cartwheels, round offs, backbends, walkovers, splits, rolls, jumps, beam and back-handsprings barrel are taught by an experienced instructor. Progressive skill level instruction creates success! \$2 materials fee due first class. *No Class Dates: Nov-11*

Tumble-N-Kids Inc **City Gym and Pool**
440701-3A 6-12 yrs F 4-5pm 9/16-11/18 \$99
440701-3B 6-12 yrs F 5-6pm 9/16-11/18 \$99

GYMNASTICS: JAMMIN' GYMNASTS

Girls and boys of all levels learn age-appropriate gymnastics skills, coordination and strength development. Experienced coaches introduce cartwheels, round-offs, rolls, handstands, backbends, beam, trampoline, back-handspring barrel and more. Obstacle courses and music make learning fun, while progressive skill instruction creates confidence and success preparing kids for all sports! \$2 materials fee due first class.

Tumble-N-Kids Inc **Edison Community Center**
440702-2A 6-12 yrs W 3:45-4:45pm 9/14-11/16 \$110
440702-2B 5-8 yrs Sa 11:20am-12:20pm 9/17-11/19 \$110

Tumble-N-Kids Inc **Murdy Community Center**
440702-1A 6-12 yrs Tu 4-5pm 9/13-11/15 \$110
440702-1B 7-14 yrs Th 4-5pm 9/15-11/17 \$110

GYMNASTICS: KARTWHEEL-N-KIDS

Girls and boys learn gymnastics skills including; cartwheels, rolls, jumps, handstands, bridge/backbends, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills incorporating music, obstacle courses and fun. Progressive skill level instruction creates confidence and success. \$2 materials fee due first class. *No Class Dates: Nov-11*

Tumble-N-Kids Inc **City Gym and Pool**
440704-3A 4-6 yrs F 3-4pm 9/16-11/18 \$99

Tumble-N-Kids Inc **Edison Community Center**
440704-2A 4-6 yrs W 2:45-3:45pm 9/14-11/16 \$110

Tumble-N-Kids Inc **Murdy Community Center**
440704-1A 4-6 yrs Tu 3-4pm 9/13-11/15 \$110
440704-1B 4-6 yrs Th 3-4pm 9/15-11/17 \$110



Parks & Recreation
 Stimulate the Mind

HEALTH & FITNESS

ZUMBA AGES 6 TO 86

Bring your family and friends to this fun-packed Zumba class for all ages! Easy dance steps set to fabulous world music will increase muscle tone, balance and flexibility. Going on vacation? We will prorate for the number of classes you can attend. Ditch the workout! Join the Party! *No Class Dates: Oct-25*

SockhopFitness		Senior Center in Central Park			
440821-5A	6 yrs+	Tu	6-6:45pm	9/13-12/6	\$75

Sockhop Fitness		Murdy Community Center			
450813-1A	6 yrs+	Tu	8:05-8:50am	9/13-12/6	\$75

KARATE

KARATE-DO TRADITIONAL JAPANESE KARATE BEGINNER

This traditional Japanese karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms are available for purchase from instructor. One day a week, Thursday or Friday, for \$110. Two days a week for \$130. *No Class Dates: Nov-11, Nov-24, Nov-25*

Wadoryu USA		Edison Community Center			
440903-2A	8-10 yrs	Th	5-5:40pm	9/15-12/15	\$110
440903-2B	8-10 yrs	F	5-5:40pm	9/16-12/16	\$110

KARATE-DO TRADITIONAL JAPANESE KARATE NOVICE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. White, orange, yellow, and blue belts only. 1 day a week, Thursday, or Friday, for \$60. 2 days a week for \$80. Must be enrolled in both sessions to be eligible for belt test. *No Class Dates: Nov-11, Nov-24, Nov-25*

Wadoryu USA		Edison Community Center			
440904-2A	8-17 yrs	Th	5:45-6:30pm	9/15-10/27	\$60
440904-2B	8-17 yrs	Th	5:45-6:30pm	11/3-12/15	\$60
440904-2C	8-17 yrs	F	5:45-6:30pm	9/16-10/28	\$60
440904-2D	8-17 yrs	F	5:45-6:30pm	11/4-12/16	\$60

KARATE-DO TRADITIONAL JAPANESE KARATE INTERMEDIATE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. Blue/St, Green, Green/St, Red, Red/St, Purple belts only. 1 day a week, Thursday, or Friday, for \$70. 2 days a week for \$90. Must be enrolled in both sessions to be eligible for belt test. *No Class Dates: Nov-11, Nov-24, Nov-25*

Wadoryu USA		Edison Community Center			
440906-2A	8-18 yrs	Th	5:45-7:15pm	9/15-10/27	\$70
440906-2B	8-18 yrs	Th	5:45-7:15pm	11/3-12/15	\$70
440906-2C	8-18 yrs	F	5:45-7:15pm	9/16-10/28	\$70
440906-2D	8-18 yrs	F	5:45-7:15pm	11/4-12/16	\$70

KARATE-DO TRADITIONAL JAPANESE ADVANCED

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Red stripe, brown or black belts only. Uniforms and equipment are available for purchase from instructor. One day a week for \$75 or 2 days a week for \$95. Must be enrolled in both sessions to be eligible for belt test. *No Class Dates: Nov-11, Nov-24, Nov-25*

Wadoryu USA		Edison Community Center			
440907-2A	8-18 yrs	Th	5:45-8:15pm	9/15-10/27	\$75
440907-2B	8-18 yrs	Th	5:45-8:15pm	11/3-12/15	\$75
440907-2C	8-18 yrs	F	5:45-8:15pm	9/16-10/28	\$75
440907-2D	8-18 yrs	F	5:45-8:15pm	11/4-12/16	\$75

JUNIOR TAE KWON DO

Develop coordination, improve balance, achieve total fitness, and self-defense while increasing self-confidence. Uniforms will be available for purchase from instructor.

Kiavash Tillehkook		City Gym and Pool			
440908-3A	6-9 yrs	M	5:45-6:30pm	9/12-11/28	\$199
440908-3B	6-9 yrs	Tu	5:45-6:30pm	9/13-11/29	\$199
440908-3C	6-9 yrs	W	5:45-6:30pm	9/14-11/30	\$199
440908-3D	6-9 yrs	Th	5:45-6:30pm	9/15-12/1	\$199

TEEN TAE KWON DO

Develop coordination, improve balance, achieve total fitness, and self-defense while increasing self-confidence. Uniforms will be available for purchase from instructor.

Kiavash Tillehkook		City Gym and Pool			
440912-3A	10-17 yrs	M,Tu	6:30-7:15pm	9/12-11/29	\$209
440912-3B	10-17 yrs	M,W	6:30-7:15pm	9/12-11/30	\$209
440912-3C	10-17 yrs	Tu,Th	6:30-7:15pm	9/13-12/1	\$209
440912-3D	10-17 yrs	W,Th	6:30-7:15pm	9/14-12/1	\$209
440912-3E	10-17 yrs	M,Th	6:30-7:15pm	9/12-12/1	\$209

YOUTH SELF-DEFENSE & SAFETY AWARENESS

This program combines safety awareness with self-defense instruction. Students learn verbal and physical skills for self-defense against bullies and strangers. Escape maneuvers and communication skills are taught to contract threats. Safety tips are discussed each week. Students progress in rank and earn their belts. All Classes available for ages 4-15. *No Class Dates: Nov-11, Nov-25, Dec-23, Dec-30*

Young Champions Rec Prog		Murdy Community Center			
440905-1A	4-15 yrs	F	5:30-6:10pm	9/30-1/13	\$92 New Student
440905-1B	4-15 yrs	F	6:15-6:55pm	9/30-1/13	\$92 Yellow/Orange Belt
440905-1C	4-15 yrs	F	7-7:40pm	9/30-1/13	\$92 Purple Belt & Above

MUSIC

GROUP GUITAR

Have you ever wanted to be a rockstar? Well now's the time! Learn to play guitar from Mr Greg, and have fun playing your favorite songs in no time! Full course runs from Sept 15-Dec 8 and is payable in three installments (\$85 tuition due before each class session begins on 9/15, 10/13, and 11/10), but will accept new students all season long! Walk-ins are welcome, but please register by 9/12 for best availability, and GET READY TO ROCK! *No Class Dates: Nov-24*

The RockBand Experience		HB Art Center			
441007-4A	8-15 yrs	Th	3:30-4:30pm	9/15-10/6	\$85/77
441007-4B	8-15 yrs	Th	3:30-4:30pm	10/13-11/3	\$85/77
441007-4C	8-15 yrs	Th	3:30-4:30pm	11/10-12/8	\$85/77

HOLLYWOOD FILM ACTING

This introductory course is designed for all students wishing to learn the acting techniques of their favorite Film & TV stars. The course includes on camera acting technique, vocabulary, character development and expression. Practical exercises in both scripted and improvisational work will be stressed. \$5 materials fee due first class.

Take the Stage Productions **Murdy Community Center**
441008-1A 8-12 yrs W 4:45-5:30pm 9/14-11/16 \$110

GLEE CLUB

This high-energy class provides male and female students with an opportunity to sing, dance, perform, and unlock their inner superstar! Students will learn Pop and Broadway music and choreography in a fun atmosphere, while building voice and mic technique, musical expression, and providing self-confidence in all areas. \$10 materials fee due first class.

Take the Stage Productions **Edison Community Center**
441010-2A 8-12 yrs M 4:20-5:20pm 9/12-11/14 \$125

PERFORMING ARTS: SUNSHINE GENERATION OF HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. \$30 for Sunshine t-shirt, CD, and worksheets. Parents are asked not to stay during rehearsals. *No Class Dates: Nov-24*

Iskui Merdjanian **Edison Community Center**
441003-2A 6-13 yrs Th 5:45-6:45pm 10/6-12/1 \$77

STORYBOOK THEATER

Students explore fairytales and fables as the basics to create new stories, inspire imagination and build performance skills. Through the use of their voices, bodies, costumes and props- students will create memorable skits and characters while building skills in acting, public speaking, creative thinking, reading comprehension, and confidence! \$10 materials fee due first class.

Take the Stage Productions **Murdy Community Center**
441005-1A 5-9 yrs Tu 4:15-5pm 9/13-11/15 \$110

SPECIAL INTEREST

BOO! BAGS

Make your very own Trick or Treat Bag! We'll provide each participant with a canvas tote bag in the color of their choice, then help them through creating their very own customized bag. Select from our extensive collection of Halloween fabrics, felts and shapes to trace, as well as beads, sparkles, ribbons and trims to give the bag the finishing touch. Fun for kids (or even adults) of all ages!

Recreation Staff **City Gym and Pool**
451119-1A 4 yrs + F 4-5pm 10/28-10/28 \$19

CLOWING AROUND COMEDY

This spirited, fun class is designed for anyone who wants to learn the essentials of improvisational comedy, improve storytelling skills, and learn techniques to think quickly on their feet and to be more creative. Exercises include vocal warm-ups creative performance games and basic short-form scene-work as well as how to listen in a fun, creative atmosphere.

Take the Stage Productions **Murdy Community Center**
441105-1A 5-10 yrs W 4-4:45pm 9/14-11/16 \$110

FASHIONABLE FRIDAYS

Join us for a 4-class series focused on fashion design, sewing and creating! We'll complete one project each week, and teach the basics of hand sewing, as well as give students an opportunity to use the sewing machine to complete their projects. Projects include: Fabric Headbands, Cross Body Purse, Binder Covers (perfect for back to school) and Belts. Perfect for the beginner.

Take the Stage Productions **City Gym and Pool**
441106-1A 7-11 yrs F 3:30-5:30pm 9/30-10/21 \$128

SEWING 101

Learn to thread the sewing machine, use a pattern, complete a fabric and cutting lesson, and learn sewing terminology. You will design and complete a reversible tote bag. Perfect for the beginner!

Fashion Camp **Murdy Community Center**
451118-1A 8+ Th 2-4pm 10/6-10/27 \$145
451118-1B 8+ Th 2-4pm 11/5-12/3 \$145

SPORTS

SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for the beginning to intermediate player. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. *No Class Dates: Oct-31*

Skyhawks Sports Academy Inc **Murdy Community Center**
441302-1A 7-10 yrs M 6-7pm 9/12-11/7 \$135

PRE SEASON BASKETBALL PREP

This City of Huntington Beach basketball program is a clinic-based program with an emphasis on learning the game and having fun. This is a pre season instructional camp to prepare players for the upcoming 2017 Coed Basketball League. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Players will enjoy a recreational program where enjoying basketball is the key to learning. All players will receive an HB recreation jersey!

Youth Sports Staff **City Gym and Pool**
441306-3A 9-11 yrs M thru Th 3-4:30pm 12/19-12/22 \$55
441306-3B 12-14 yrs M thru Th 4:30-6pm 12/19-12/22 \$55

Register Online! www.hbsands.org



VOLLEYBALL: HB ACES INDOOR

Formally known as Jr. Spikers, HB Aces continues on as the after-school alternative to the high costs and demands of club volleyball. Students can expect to learn the basics of the game in a fun yet challenging environment. Classes will include instruction on technique, drills to reinforce, and plenty of team play. All players will receive an HB Aces T-Shirt on the first day of class! *No Class Dates: Oct-31, Nov-24*

Matt Taylor Volleyball		City Gym and Pool			
441309-3A	10-12 yrs	M	3:30-4:45pm	9/19-11/28	\$153
441309-3B	12-14 yrs	M	4:45-6pm	9/19-11/28	\$153
441309-3C	10-12 yrs	Th	3:30-4:45pm	9/22-12/1	\$153
441309-3D	12-14 yrs	Th	4:45-6pm	9/22-12/1	\$153

JUNIOR SOCCER

This semi-competitive introduction to soccer is a great way to start boys and girls off with a positive and fun learning experience in youth sports. Players will be introduced to the fundamentals of soccer through game based drills, hands on instruction and scrimmages. Program will take place under the lights at the central park sports complex on the artificial turf soccer fields! Each participant will receive an HB recreation shirt and all soccer equipment will be made available.

Youth Sports Staff		Sports Complex			
441310-00	6-8 yrs	Tu	6-6:50pm	9/13-10/18	\$55
441310-01	6-8 yrs	Th	6-6:50pm	9/15-10/20	\$55

INDOOR COED VOLLEYBALL LEAGUE

The City of Huntington Beach Indoor Coed Volleyball league is a competitive league with an emphasis on having fun and learning the game of volleyball. Boy and girls between the grades of 3rd through 8th grades will be placed on teams for the 11 week season which includes two weeks of evaluations, practice games, six league games and a city-wide championship tournament. All 3rd and 4th graders will play by volley tennis standards. There will be one practice per week and Saturday game times will vary. All participants will receive an HB recreation jersey and league awards.

Youth Sports Staff		City Gym and Pool			
441316-3A	8-9 yrs	Sa	9-10:30am	9/17-11/19	\$55
441316-3B	10-11 yrs	Sa	10:30am-12pm	9/17-11/19	\$55
441316-3C	12-13 yrs	Sa	12-1:30pm	9/17-11/19	\$55

SKYHAWKS: INSTRUCTIONAL FLAG FOOTBALL LEAGUE

This innovative program encourages children to play, have fun, and enjoy the game without the added pressure of coaches, referees, and parents. No set teams or assigned coaches mean more focus on skill development and fun! After a short practice, small-sided teams will be selected and supervised game play will ensue.

Skyhawks Sports Academy Inc		Edison Community Center			
441321-2A	4-5 yrs	Th	4-5pm	9/15-11/3	\$135
441321-2B	6-7 yrs	Th	5:15-6:15pm	9/15-11/3	\$135

ICE HOCKEY SKATING SKILLS

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class, and three additional skating passes to be used during the 4-week session.

The Rinks Westminster ICE		13071 Springdale, Westminster			
441323-1A	6-16 yrs	W	6:10-6:40pm	9/28-10/19	\$37
441323-1B	6-16 yrs	W	6:10-6:40pm	10/26-11/16	\$37
441323-1C	6-16 yrs	Sa	10:45-11:15am	10/1-10/22	\$37
441323-1D	6-16 yrs	Sa	10:45-11:15am	10/29-11/19	\$37

BEGINNING ICE SKATING

Enjoy the Winter Olympics' most beautiful sport. Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

The Rinks Westminster ICE		13071 Springdale, Westminster			
441324-1A	6-16 yrs	Th	4:10-4:40pm	9/29-10/20	\$37
441324-1B	6-16 yrs	Th	4:10-4:40pm	10/27-11/17	\$37
441324-1C	6-16 yrs	Sa	10:45-11:15am	10/1-10/22	\$37
441324-1D	6-16 yrs	Sa	10:45-11:15am	10/29-11/19	\$37

BEACH VOLLEYBALL: BOYS ADVANCED TRAININGS

This squad is for boys that are committed to competing in youth volleyball tournaments over summer. Athletes must obtain permission from the club director to be eligible for this squad. Training days and times dependent on the 2016 youth tournament schedule. 3 trainings a week over the 7 weeks for \$350.

Beach Volleyball CA Inc		Courts at 15 th & PCH			
441327-2A	12-15 yrs	TBA	TBA	9/12-10/30	\$350

BEACH VOLLEYBALL: ADVANCED GIRLS TRAININGS

This squad is for girls that are committed to competing in youth tournaments over summer. Athletes must obtain permission from the club director to be eligible for this squad. Training days and times dependent on 2016 youth tournament schedule. Three trainings a week over the 7 weeks for \$350.

Beach Volleyball CA Inc		Courts at 15th & PCH			
441328-2A	12-14 yrs	TBA	TBA	9/12-10/30	\$350
441328-2B	15-17 yrs	TBA	TBA	9/12-10/30	\$350

BEACH VOLLEYBALL: SUNDAY YOUTH LEAGUE

Golden Coast Beach Volleyball Club invites boys and girls to sign up for our beach volleyball league. After initial seeding, teams will be assigned games each week in a ladder style format. We encourage participants to sign up with a teammate but we will work with individuals to place them with a partner for games. Games held at the 15th street courts. For more info visit www.goldencoastvolleyball.com

Beach Volleyball CA Inc		Courts at 15th & PCH			
441329-2A	12-17 yrs	Su	9-10:30am	9/18-10/30	\$100

BEACH VOLLEYBALL: BOYS WEEKDAY TRAININGS

Golden Coast Beach Volleyball Club invites all boys to register for our club trainings where our coaches will teach the techniques and tactics of the game of 2-a-side beach volleyball and develop them in game-like situations. Trainings held at the 15th street courts.

Beach Volleyball CA Inc		Courts at 15th & PCH			
441330-2A	12-15 yrs	W	4-5:30pm	9/14-10/26	\$100
441330-2B	12-15 yrs	F	4-5:30pm	9/16-10/28	\$100



Parks & Recreation
Reduce Stress

BEACH VOLLEYBALL: GIRLS WEEKDAY TRAININGS

All girls are invited to register for our club trainings, where our coaches will teach the techniques and tactics of the game of 2-a-side beach volleyball. Trainings held at the 15th street courts. For more information, please visit www.GoldenCoastVolleyball.com.

Beach Volleyball CA Inc

441331-2A	12-14 yrs	W	4-5:30pm	9/14-10/26	\$100	
441331-2B	15-17 yrs	W	4-5:30pm	9/14-10/26	\$100	
441331-2C	12-14 yrs	F	4-5:30pm	9/16-10/28	\$100	
441331-2D	15-17 yrs	F	4-5:30pm	9/16-10/28	\$100	

City Beach

SOCCER 1: TECHNIQUES & TEAMWORK

Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Each child receives a soccer jersey. Shin guards are required after the first meeting. *No Class Dates: Nov-23*

Kidz Love Soccer

Murdy Community Center

441335-1A	5-6 yrs	Sa	3-3:45pm	10/1-11/19	\$97
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SOCCER 2: SKILLZ & SCRIMMAGES

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! Each child receives a soccer jersey. Shin guards are required after the first meeting. *No Class Dates: Nov-23*

Kidz Love Soccer

Murdy Community Center

441336-1A	7-10 yrs	Sa	2:15-3pm	10/1-11/19	\$97
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SKYHAWKS BEGINNING GOLF

Children will learn the fundamentals of swinging, putting, and body positioning. Using the SNAG (Starting New at Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.

Skyhawks Sports Academy Inc

Edison Community Center

441337-2A	5-8 yrs	M	4-5pm	9/12-10/17	\$95
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BEGINNER WRESTLING WITH OCG

This ground-breaking & super-fun OCG youth program is a first of its kind in HB. Basic wrestling skills are taught in a dynamic environment utilizing positive reinforcement, instructional drills, and technique-oriented games. The focus is on skill-development & fun! For more info call 949-439-6156 or visit our website, www.ocgrappling.org. **TUESDAY CLASS IS HELD OUTDOOR ON MATS.** *No Class Dates: Nov-24*

OC Youth Sports Academy

Murdy Community Center

441338-1A	5-10 yrs	Tu,Th	5:30-6:30pm	9/13-12/1	\$225
441338-1B	5-10 yrs	Tu,Th	5:30-6:30pm	9/13-10/6	\$95
441338-1C	5-10 yrs	Tu,Th	5:30-6:30pm	10/11-11/10	\$95
441338-1D	11-15 yrs	Tu,Th	5:30-6:30pm	9/13-12/1	\$225
441338-1E	11-15 yrs	Tu,Th	5:30-6:30pm	9/13-10/6	\$95
441338-1F	11-15 yrs	Tu,Th	5:30-6:30pm	10/11-11/10	\$95

HB ATHLETIC EDGE: SPEED ATILITY CORE AD PLYOS

This program will take youth athletes to the next level. Speed, Footwork, Core, Power, Balance, Strength, Coordination and Rhythm will all be trained and enhanced. These are the elements of true athleticism. Scientifically proven training methods will be implemented to overcome plateaus and increase fast-twitch muscle fiber activation. For more information please visit: <http://www.oc-ysa.org/speed-agility>. *No Class Dates: Nov-11*

OC Youth Sports Academy Lake Park Clubhouse, 1035 11th Street

441345-1A	5-10 yrs	M,F	3:30-4:30pm	9/12-11/28	\$300
441345-1B	5-10 yrs	M,F	3:30-4:30pm	9/12-10/7	\$125
441345-1C	5-10 yrs	M,F	3:30-4:30pm	9/12-11/11	\$200
441345-1D	11-15 yrs	M,F	3:30-4:30pm	9/12-11/28	\$300
441345-1E	11-15 yrs	M,F	3:30-4:30pm	9/12-10/7	\$125
441345-1F	11-15 yrs	M,F	3:30-4:30pm	9/12-11/11	\$200

TRACK SPRINTS FOR YOUTH BEGINNERS

Track and Field is the highest U.S. participatory sport in high school and junior high. In this class experienced HS Varsity Track Sprint Coaches will teach youth to run the 100, 200, 400, and 800m races & relay races. Standing starts basics of starts using blocks and baton handoff. Speed games will keep them wanting to come back! For more information please visit www.oc-ysa.org/track. *No Class Dates: Nov-11, Nov-25*

OC Youth Sports Academy

Murdy Community Center

441346-1A	5-10 yrs	M,W,F	4:30-5:30pm	9/12-11/28	\$250
441346-1B	5-10 yrs	M,W,F	4:30-5:30pm	9/12-10/7	\$90
441346-1C	11-15 yrs	M,W,F	4:30-5:30pm	9/12-11/28	\$250
441346-1D	11-15 yrs	M,W,F	4:30-5:30pm	9/12-10/7	\$90

YOUTH SPEED, AGILITY WITH OCYSA

This amazing Program teaches youth to run faster, while having fun in a positive environment. Youth will enhance foot speed, form, body mechanics, and increase sprint speed, core strength, reaction time, change of direction and quickness via ladder drills, skills games, and relay races. For more information: oc-ysa.org/speed-agility. *No Class Dates: Nov-11, Nov-25*

OC Youth Sports Academy Lake Park Clubhouse, 1035 11th Street

414339-1A	5-10 yrs	M,W,F	3:30-4:30pm	9/12-11/28	\$180
414339-1B	5-10 yrs	M,W	3:30-4:30pm	9/12-10/5	\$80
414339-1C	5-10 yrs	M,W	3:30-4:30pm	9/12-11/9	\$140
414339-1D	11-15 yrs	M,W,F	3:30-4:30pm	9/12-11/28	\$180
414339-1E	11-15 yrs	M,W	3:30-4:30pm	9/12-10/5	\$80
414339-1F	11-15 yrs	M,W	3:30-4:30pm	9/12-11/9	\$140

KIDZ LOVE SOCCER

Spend a week enjoying the world's most popular sport in a fun, recreational environment. Learn and practice core soccer skills like dribbling, passing & receiving, shooting and defense. Campers should bring a full water bottle and a snack. **ALL PARTICIPANTS MUST WEAR SHIN GUARDS.** Soccer shoes and sunscreen are recommended.

Kidz Love Soccer

City Gym and Pool

421311-3A	2-3.5 yrs	W	5:30-6pm	10/19-12/14	\$97
421311-3B	3.5-5 yrs	W	3:15-3:50pm	10/19-12/14	\$97
421311-3C	5-6 yrs	W	3:50-4:35pm	10/19-12/14	\$97
421311-3D	7-10 yrs	W	4:35-5:20pm	10/19-12/14	\$97

Register Online!
www.hbsands.org

MOE AGER HOOP SCHOOL

This class, taught by former Dallas Mavericks shooting guard, develops teamwork, confidence, and fundamental basketball skills, such as dribbling, passing, shooting, ball handling, footwork, offense, and defense. It offers intense, real world guidance for those ready to skyrocket their game, but adds fun for those who just love basketball.

Moe Ager Hoop School	City Gym & Pool
441347-3A 7-10 yrs Th 1:30-3pm	9/15-11/17 \$125

SURF & SKATE

OC ROLLER KIDS

Has your child expressed interest in playing hockey or roller derby? This class is designed for the aspiring skater. Drills range from beginner to advanced, based on the individual skater needs. Skaters to wear roller skates or inlines, protective gear-helmet, knee/elbow pads, and wrist guards.

Elena Parra	Edison Community Center
441406-2A 7-13 yrs Sa 10-11am	10/1-10/29 \$55

BEGINNER SURF CLASS

This is a 4 lesson surf program that stresses beach safety and fun while you learn the basics of catching and riding waves and ocean safety. Students must be able to swim. Boards and wetsuits provided. Lessons are run by a former pro surfer and coach with 30 years' experience.

HB Surf School	City Beach
441407-2A 8-16 yrs Sa 8-9am	9/3-9/24 \$160
441407-2B 8-16 yrs Sa 8-9am	10/1-10/22 \$160
441407-2C 8-16 yrs Sa 8-9am	10/29-11/19 \$160
441407-2D 8-16 yrs Sa 8-9am	11/26-12/17 \$160

SKATEBOARDING CAMP

Whether you are just learning or ready to learn advanced tricks, this camp is right for you! Make new friends, advance your skills, play games, and most importantly, have fun in our private skatepark. Requirements: A signed Skatedogs waiver form, a skateboard, knee pads, elbow pads, and a helmet.

Skatedogs	Sports Complex
491402-6D 5-13 yrs M,Tu,W,Th,F 9am-12pm	12/26-12/30 \$167

SKATEBOARDING

Whether you are just learning or ready to learn advanced tricks, this class is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. Requirements: A signed Skatedogs waiver form, a skateboard, knee pads, elbow pads and a helmet.

Skatedogs	Sports Complex
491402-6A 6-16 yrs W 4-5:30pm	9/14-10/19 \$150
491402-6B 6-16 yrs W 4-5:30pm	11/2-12/7 \$150

See page 2 for a list of Private or Semi-Private Surf Schools

SURFING: INTERMEDIATE SURF CLASS

Are you ready to take your skills to the next level? This class is designed for intermediate surfers who are paddling out the back and catching open face waves. This class meets for one hour each week, and is designed to help you improve your skills with basic maneuvers, wave selection, and understanding the ocean.

HB Surf School	City Beach
441410-2A 8-16 yrs Tu 3:15-4:15pm	9/6-9/27 \$160
441410-2B 8-16 yrs Tu 3:15-4:15pm	10/4-10/25 \$160
441410-2C 8-16 yrs Tu 3:15-4:15pm	11/1-11/22 \$160
441410-2D 8-16 yrs Tu 3:15-4:15pm	11/29-12/20 \$160
441410-2E 8-16 yrs W 3:15-4:15pm	9/7-9/28 \$160
441410-2F 8-16 yrs W 3:15-4:15pm	10/5-10/26 \$160
441410-2G 8-16 yrs W 3:15-4:15pm	11/2-11/23 \$160
441410-2H 8-16 yrs W 3:15-4:15pm	11/30-12/21 \$160

Skateboarding

BIRTHDAY PARTY



Sports Complex Parking Lot

Celebrate your birthday with your friends by riding ramps and getting skateboarding instruction from an experienced coach in the Skatedogs private skatepark. All parties include instruction, free skate, and fun games! For more information contact Skatedogs at 714-313-8787.